

Curriculum Vitae

Raini W. Heap, MSW, LCSW

Education

Master of Social Work (MSW)
Utah State University
August, 2011

Bachelor of Science: Sociology
Minor: Family and Human Development
Utah State University
August, 2006
Honors: Dean's list, Outstanding Student Award, Graduated Cum Laude

Active License

**Licensed Clinical Social Worker, ((LCSW) State of Utah
#70191303501**

Academic Experience

August 2013-Current

Utah State University-Tooele Campus
BSW program
Adjunct Professor

BSW Field Practicum coordinator/liaison

- Instructor for face-to-face, broadcast, and online courses in BSW level social work study. Courses taught include Social Work and Social Welfare (SW 1010), Generalist Social Work Practice (SW 3050), Field Practicum and Integrative Seminar (SW 4870/5870)
- Coordinate field practicum placements for BSW students and provide supervision/monitor student progress through field visits and instruction during integrative practicum seminars

March 2013-August 2013
Utah State University- Tooele Campus
BSW program
BSW Field Placement Liaison

- Coordinate with social service agencies in the community to establish and finalize practicum field placements for BSW students

Professional Experience

January, 2012-Current
Aspen Ridge Counseling Center
Tooele Utah
Mental Health Clinician

- Offering individual and family psychotherapy and behavioral modification services for children, adolescents, adults, couples and families
- Specific areas of focus include LGBT population; treatment for depression and anxiety management; Trauma focused CBT; Mindfulness, women's issues, self-improvement and relationship issues.

May, 2011- December 2011

Tooele County

Program Evaluator

- ONE2WON Mentoring program
- Conducted field research, administered qualitative interviews, and compiled data for use in program evaluation

August, 2009-May 2011

Valley Mental Health-Tooele

MSW Intern-Clinician

- Therapist intern for Tooele County Drug Court program, adult mental health, and children's team
- Develop and facilitate LGBT support group; conduct client intake assessments and offer intervention proposals
- Provide group and individual psychotherapy for court-ordered alcohol and substance abuse clients; provide individual and family psychotherapeutic services for children, adolescents, adults, couples, and LGBT clients
- Facilitator for behavioral and psychoeducational group
- Conduct community outreach services in local elementary and Jr. High schools via mental health awareness presentations and provide mental health education

January, 2009-2010

Utah State University-Tooele Campus

Child Welfare Research Institute

Graduate Research Assistant

- Projects included Utah Division of Child and Family Services Regional based service reports, Utah Foster Care Foundation Post Adoption survey
- Medicaid workgroup research for restructuring services provided by DCFS including System of Care reviews and Evidence Based practice models.

November, 2006-August, 2008

State of Utah, Division of Child and Family Services-Tooele Office

Foster care and Permanency/Child Protective Services CaseWorker

- Investigate allegations of child abuse. Develop appropriate safety and/or service plans to alleviate risk, provide protection, etc
- Monitor out-of-home services to ensure physical, mental, educational and developmental needs are met
- Case management duties included recommendations and referrals to various community social service agencies, administer services and/or supervise delivery of services
- Extensive case documentation and court report submission experience

January, 2006-August, 2006

Tooele County Utah State University Extension office
*Coordinator for Tooele City Parks and Recreation and
Utah State University 4-H summer youth day camps*

- Plan and organize day camps offered throughout summer for local youth on weekly basis, offering hands-on experiential educational activities

December, 2005-July, 2006

Utah State University Cooperative Extension-Tooele Office
Academic Counselor-YFP (Youth and Families with Promise)

- Serve as liaison between parents, youth, and teachers. Track and report students' academic success and provide support and counseling services to youth and parents
- Function as a 4-H leader and work with site coordinator to plan and implement 4H activities and monthly family night out community support meetings and activities

Additional Teaching Experience

August, 2003-2005

Artist in Residence Contract employee -Tooele County School District

August, 2003-2005

Substitute Teacher-Tooele County School District

September, 1992-1995

Title 1 Teaching Assistant-Tooele County School District.

Professional Memberships

Member of the National Association of Social Workers (NASW)

Id# 886653642

Community Activities

Member of the Utah State University MSW Advisory Council

AmeriCorps UCAN serve volunteer

Member of Tooele County Homeless Coordinating Committee

Case Manger- pilot housing program

Boy Scout Merit Badge Counselor

Host Parent for foreign exchange student

Trainings

TF-CBT trained and certified

Ongoing Social Work Continuing Education credits for ongoing education/training